



# MIDDLE SCHOOL LUNCH MENU

1% and Fat Free Milk options & 100% Fruit Juice offered daily.

All grains are whole grain rich.

## WEEK 1

1/4, 1/18, 2/1, 2/22, 3/8, 3/22, 4/12, 4/26, 5/10, 5/24

MON

Cheeseburger  
Hamburger  
Cherry Blossom Chicken w/  
Brown Rice  
Glazed Carrots  
Tater Tots  
Applesauce  
Peach Cup

TUE

Chicken Tenders w/ Roll  
Spaghetti w/ Meat Sauce  
Baked Beans  
Green Beans  
Peaches  
Mixed Berry Cup

WED

Popcorn Chicken w/ Roll  
Nachos with Queso con Carne  
(beef)  
Broccoli  
Crinkle Cut Fries  
Pears  
Strawberry Cup

THU

Chicken and Waffles  
Hickory BBQ Tot Bowl w/ Roll  
Sweet Potato Waffle Fries  
Seasoned Corn  
Applesauce  
Peach Cup

## WEEK 2

1/11, 1/25, 2/8, 3/1, 3/15, 3/29, 4/19, 5/3, 5/17

Breaded Ravioli w/ Cheese  
Twist  
Tangerine Chicken w/ Brown  
Rice  
Green Beans  
Seasoned Corn  
Pears  
Peach Cup

Chicken Sandwich  
Chicken Alfredo  
Broccoli  
Sweet Potato Waffle Fries  
Peaches  
Mixed Berry Cup

Fish & Cheese Sandwich  
Chicken Tenders w/ Mac n  
Cheese  
Baked Beans  
Tater Tots  
Pears  
Strawberry Cup

Stuffed Crust Pizza (CH+PEP)  
Beefy Mexican Macaroni w/  
Roll  
Crinkle Cut Fries  
Glazed Carrots  
Applesauce  
Peach Cup

**Lunch Pricing: Students:** PAID \$2.50 REDUCED \$0.40 **Teachers & Staff:** \$3.75 **Visitors:** \$4.00